



# Alde Valley Academy

Aspire and Achieve. Lead with Kindness. Stronger Together.

NEWSLETTER - 20<sup>TH</sup> MARCH 2026

## SUCCESSFUL LOCKDOWN DRILL

On Tuesday, the school carried out its first lockdown practice, which proved to be a very positive and successful experience for everyone involved. Students demonstrated a high level of maturity and responsibility, responding calmly and following instructions carefully throughout the exercise. Their cooperation helped ensure the practice ran smoothly and effectively.

The practice also provided a valuable opportunity to identify a number of areas for improvement across the site. For example, we noted some locations where the school bell cannot be heard clearly, which could impact response times in a real situation. Our estates team is already working hard to address these issues and make the necessary adjustments as quickly as possible.

This important exercise will help us continue to strengthen our safety procedures, learn from experience, and ensure the school remains as safe and well-prepared as possible for both students and staff.

### Additional PD Day – Monday 13<sup>th</sup> April 2026

Please note that the school will be closed to students on Monday 13 April for an additional staff development (PD) day. We apologise for the short notice and appreciate your understanding.

This additional time will allow staff to prepare for the next phase of improvements across the school. Our focus is on strengthening behaviour, raising expectations for all students, and continuing to improve the quality of teaching and learning in every classroom.

As part of this work, we will be introducing clearer routines around behaviour, uniform, attendance and punctuality, including daily line-ups where staff will check uniform and equipment while sharing key messages and celebrating achievements.

If you require supervision for your child on this day through the school's supervised study provision, please email [enquiries@aldevalley.suffolk.sch.uk](mailto:enquiries@aldevalley.suffolk.sch.uk).

# IMPORTANT NOTICES FOR PARENTS OF YEAR 11 STUDENTS

## Parents Evening

We are pleased to invite parents and carers of Year 11 students to attend our Parents' Evening on **Thursday 26 March, from 4:00pm to 7:30pm**. This is a valuable opportunity to meet with teachers, discuss progress, and support students as they continue preparing for their upcoming exams.

The booking system is open, appointments can be booked using the following link:

<https://aldevalley.schoolcloud.co.uk/>

We look forward to welcoming parents and carers and working together to support our Year 11 students in this important stage of their education.

## Education Record App

The Education Record App lets students view their academic records and achievements in one place. Year 11 students can sign up during Parents' Evening. Please bring a mobile phone to register. You can find out more using the following link:

<https://www.youtube.com/watch?v=ZSg32VhCHSw>

## Easter Revision Sessions

The following revision sessions will take place at school during the Easter holidays, please encourage your child to attend the appropriate sessions. You will be able to sign up at Parents Evening:

|                    |      |                                                                                                                                                                                                                                                         |
|--------------------|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Saturday<br>March  | 28th | 0900 - 1100: Business Studies<br>1100 - 1300: Computer Science                                                                                                                                                                                          |
| Monday<br>March    | 30th | 0900 - 1100: Spanish writing (Foundation) and French speaking (Foundation)<br>1100 - 1300: Spanish writing (Higher) and French speaking (Higher).<br>Students will be given a specific time slot for French speaking.<br>0900 - 1100: English and Drama |
| Tuesday<br>March   | 31st | 0900 - 1100: Spanish speaking (Higher)<br>1100 - 1300: Spanish speaking (Foundation)<br>0900 - 1100: English<br>0900 - 1100: Music                                                                                                                      |
| Wednesday<br>April | 1st  | 0900 - 1300<br>Maths and Science (Combined/ Triple) Higher and Foundation                                                                                                                                                                               |

# The impact of ATTENDANCE on your grades and future earnings

**95-100% attendance**

**DOUBLES** your chances of getting a Grade 5 in English/Maths

x2

**10**

**days off school in Year 11**

reduces your chance of a Grade 5 in English and Maths by a HUGE **50%**.

**£772**

New government research shows that for every day of school absence, you are knocking £772 off of your future earnings, on average.

Average Yearly Salary at Age 28 in 2024 based on Attendance Bands

**99-100%** - £32,200

**90-100%** - £29,800

**50-100%** - £19,500

**Under 10%** - £10,100

Don't believe us? It's all from 2025 government research!

[https://assets.publishing.service.gov.uk/media/67d21814702a0c7251c8ae/The\\_impact\\_of\\_school\\_absence\\_on\\_lifetime\\_earnings.pdf](https://assets.publishing.service.gov.uk/media/67d21814702a0c7251c8ae/The_impact_of_school_absence_on_lifetime_earnings.pdf)

[https://assets.publishing.service.gov.uk/media/67c96d76d0f6a2f1334c72e/The\\_link\\_between\\_attendance\\_and\\_achievement\\_in\\_an\\_assessment\\_year\\_-\\_March\\_2025.pdf](https://assets.publishing.service.gov.uk/media/67c96d76d0f6a2f1334c72e/The_link_between_attendance_and_achievement_in_an_assessment_year_-_March_2025.pdf)

## ATTENDANCE THIS WEEK

Target = 94%

| Yr7 | Yr8   | Yr9   | Yr10  | Yr11  |
|-----|-------|-------|-------|-------|
| 90% | 88.8% | 87.9% | 84.8% | 80.4% |

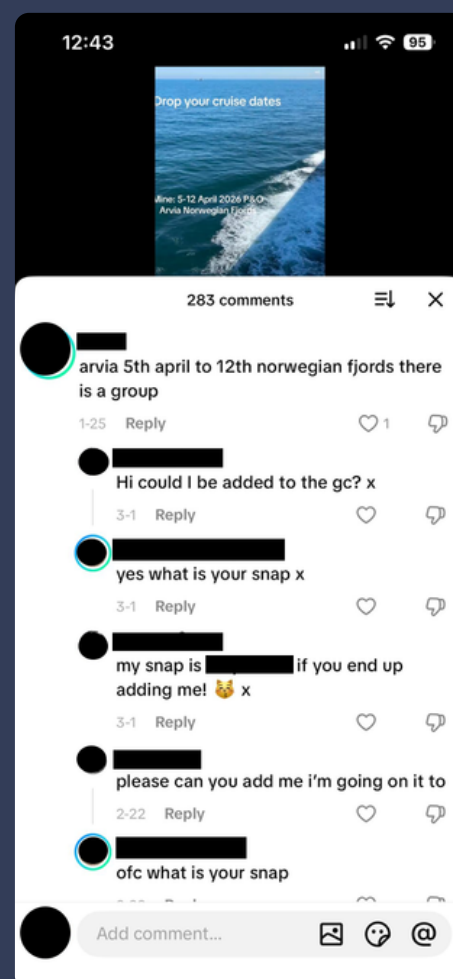


## SAFEGUARDING UPDATE

Nowadays, it's increasingly common for children to make friends online before going on holiday. During periods such as the Easter break, if you're travelling on a fixed trip, like an all-inclusive package or a cruise, your child may already be arranging to meet up with other young people ahead of time.

The attached image is an example of this, showing young people joining a Snapchat group before a cruise holiday. While this may seem harmless, it's important to stay aware of who your child is interacting with online and to have open conversations about the potential risks of adding people they don't know.

Encourage your child to be cautious and to think carefully before sharing personal information or making plans with others they have only met online. Unfortunately, individuals with harmful intentions can take advantage of young people's trust and enthusiasm, so monitoring online activity and maintaining regular dialogue can help keep your child safe.



This Week...Friday 27<sup>th</sup> March

# Easter Egg Hunt

all-week attenders only



# FRIDAY FIESTA – DISCO TIME

Our very first Friday Fiesta was a huge success, bringing energy, excitement and plenty of dancing to the school at lunchtime!

Students who achieved 100% attendance for the week were rewarded with a disco where they got to take charge of the playlist—and they certainly didn't disappoint. The hall was filled with "banging tunes," from old-school classics like Macarena and YMCA to student favourites that had everyone on their feet.

Staff were quick to join in the fun, with dancing led by Mr Moscovici, Mrs Morling, Mrs Debelgeonne and Mrs Hall, who helped get the party started and kept the atmosphere buzzing throughout. It was fantastic to see so many students and staff enjoying themselves together.

There was a real buzz around the school, and the event created a positive and celebratory atmosphere at lunchtime. The Friday Fiesta is part of our ongoing effort to promote excellent attendance, and what better way to do that than by celebrating students who show commitment and consistency each week?



# PE NEWS

It has been a busy and positive week for PE. The Year 10 and 11 GCSE PE netball teams played against St Felix on Monday, taking part in a series of closely contested matches. The teams performed well throughout and were only narrowly defeated. A special well done goes to Filip and Rithwin, who were both voted Players of the Match for their excellent performances.

Looking ahead, next week's PE clubs will be open to Year 11 GCSE PE students only, as they prepare for their practical examinations. Sessions will run from 3:00–4:00pm as follows:

- Monday: Athletics, Table Tennis and Trampolining
- Tuesday: Netball and Football
- Wednesday: Athletics, Table Tennis and Trampolining
- Thursday: Badminton

Students are strongly encouraged to attend these sessions and make the most of this valuable preparation time.

Finally, a reminder that if a student is unable to physically take part in a PE lesson due to injury, they must still bring their PE kit and provide a note in their planner. They will remain involved in the lesson in an alternative role. If kit is forgotten, students are expected to borrow from the department's kit cupboard.

Thank you for your continued support.



# CANTEEN UPGRADE



We are delighted to share an important update regarding our school catering provision at Alde Valley Academy.

Following a thorough review process, The Lunchtime Company has been awarded the catering contract and will take over service immediately after the Easter holidays. We are excited about the fresh approach and renewed energy they will bring to our dining experience.

We would like to take this opportunity to sincerely thank Edwards and Blake for their hard work, dedication, and service to our school community. Their contribution over the years has been greatly valued, and we wish them every success in the future.

Looking ahead, there is much to be excited about. The Lunchtime Company will be enhancing both the main canteen offer and the grab-and-go hatch, providing improved choices for students at both breaktime and lunchtime. Their focus on quality, variety, and efficiency aims to ensure a more enjoyable and accessible food experience for all.

In addition, over the Easter holidays, the dining areas will undergo a refresh and decoration upgrade. You may have already seen the mock images shared, which give a glimpse of the bright, modern environment we are creating. These improvements are designed to make the space more welcoming and enjoyable for students to relax and socialise.

We look forward to welcoming The Lunchtime Company to our school and to seeing these exciting changes come to life after Easter.

**See new  
menus below**



# NEW MENUS - AFTER EASTER

## LUNCHTIME CQ<sup>®</sup> AT ALDE VALLEY ACADEMY

### WEEK 1 MENU

WEEKS: 1304, 0405, 0106, 2206, 1307, 3108, 21.09, 1210

|                  | MONDAY                                                                                       | TUESDAY                                                                                           | WEDNESDAY                                                                                | THURSDAY                                                                                                             | FRIDAY                                                                                         |
|------------------|----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| MAIN EVENT.      | Fork Sausage<br>Served with Mash<br>Potato, Baked Beans or<br>Seasonal vegetable &<br>Gravy  | Piri Piri Chicken thigh<br>Served With<br>Yellow Rice &<br>Corn on the Cob                        | Mauiuni Cheese,<br>Bacon & Spring onion<br>Crumb<br>Topped Hash Browns                   | Roast Chicken<br>served with Roast<br>Potatoes, Carrots,<br>Broccoli, Yorkshire<br>Pudding and Gravy                 | Buttered Fish Fillet<br>Served with Chips,<br>Garden Peas or Beans                             |
| MEAT FREE.       | Quorn Sausage<br>Served with Mash<br>Potato, Baked Beans or<br>Seasonal vegetable &<br>Gravy | Piri Piri Quorn Strips<br>Served With<br>Yellow Rice &<br>Corn on the Cob                         | Mixed Bean & Vegetable<br>chilli, Crispy Onions &<br>Bacon Cream<br>Topped Hash Browns   | Cauliflower & Broccoli<br>Cheese served with<br>Roast Potatoes, Carrots,<br>Broccoli, Yorkshire<br>Pudding and Gravy | Fishless Fish Fingers<br>Served with Chips,<br>Garden Peas<br>or Baked Beans                   |
| JACKET POTATOES. | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                   | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                        | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad               | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                                           | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                     |
| PASTA STATION.   | A selection of<br>Pasta Sauces Available<br>Daily                                            | A selection of<br>Pasta Sauces Available<br>Daily                                                 | A selection of<br>Pasta Sauces Available<br>Daily                                        | A selection of<br>Pasta Sauces Available<br>Daily                                                                    | A selection of<br>Pasta Sauces Available<br>Daily                                              |
| JUST DESSERTS.   | Choose One of Our<br>Fabulous Desserts<br>Agony Crumble<br>Fruit Yogurt<br>Fresh Fruit Pot   | Choose One of Our<br>Fabulous Desserts<br>Jam & Coconut Sponge<br>Fruit Yogurt<br>Fresh Fruit Pot | Choose One of Our<br>Fabulous Desserts<br>Carrot Cake<br>Fruit Yogurt<br>Fresh Fruit Pot | Choose One Dessert<br>Fabulous Desserts<br>Syrup Sponge<br>Fruit Yogurt<br>Fresh Fruit Pot                           | Choose One of Our<br>Fabulous Desserts<br>Chocolate Brownie<br>Fruit Yogurt<br>Fresh Fruit Pot |

## LUNCHTIME CQ<sup>®</sup> AT ALDE VALLEY ACADEMY

### WEEK 2 MENU

WEEKS: 2004, 1105, 0606, 2606, 2607, 1008, 2609, 1910

|                  | MONDAY                                                                                                  | TUESDAY                                                                                  | WEDNESDAY                                                                                     | THURSDAY                                                                                                | FRIDAY                                                                                            |
|------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| MAIN EVENT.      | Mexican<br>Spiced Beef<br>Served with Lightly<br>spiced Rice, Tortillas &<br>Fresh Salads               | BBQ Chicken Wings<br>Served With Baked<br>Homemade wedges &<br>Boston Beans              | Chicken Tikka, Naan<br>Bread Crotone &<br>Mango Chutney<br>Topped Jacket<br>Potato            | Sausage Roast served<br>with Roast Potatoes,<br>Carrots, Green beans,<br>Yorkshire Pudding and<br>Gravy | Buttered Fish Fillet<br>Served with Chips,<br>Garden Peas or Beans                                |
| MEAT FREE.       | Mexican Spiced<br>Pepper & Bean Taco<br>Served with Lightly<br>spiced Rice, Tortillas &<br>Fresh Salads | BBQ Marinated Quorn<br>Fillet Topped with<br>Homemade wedges &<br>Boston Beans           | Vegetable Tikka, Naan<br>Bread Crotone &<br>Mango Chutney<br>Topped Jacket<br>Potato          | Quorn Sausage<br>served with Roast<br>Potatoes, Carrots,<br>Green beans, Yorkshire<br>Pudding and Gravy | Vegetable Nuggets<br>served with Chips,<br>Garden Peas<br>or Baked Beans                          |
| JACKET POTATOES. | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                              | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad               | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                    | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                              | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                        |
| PASTA STATION.   | A selection of<br>Pasta Sauces Available<br>Daily                                                       | A selection of<br>Pasta Sauces Available<br>Daily                                        | A selection of<br>Pasta Sauces Available<br>Daily                                             | A selection of<br>Pasta Sauces Available<br>Daily                                                       | A selection of<br>Pasta Sauces Available<br>Daily                                                 |
| JUST DESSERTS.   | Choose One of Our<br>Fabulous Desserts<br>Peach & Vanilla<br>Sponge<br>Fruit Yogurt<br>Fresh Fruit Pot  | Choose One of Our<br>Fabulous Desserts<br>Steamed Jam<br>Fruit Yogurt<br>Fresh Fruit Pot | Choose One of Our<br>Fabulous Desserts<br>Chocolate Sponge<br>Fruit Yogurt<br>Fresh Fruit Pot | Choose One Dessert<br>Fabulous Desserts<br>Lemon Drizzle Cake<br>Fruit Yogurt<br>Fresh Fruit Pot        | Choose One of Our<br>Fabulous Desserts<br>Toffee Apple Crumble<br>Fruit Yogurt<br>Fresh Fruit Pot |

## LUNCHTIME CQ<sup>®</sup> AT ALDE VALLEY ACADEMY

### WEEK 3 MENU

WEEKS: 2704, 1805, 1506, 0607, 1409, 510

|                  | MONDAY                                                                                                      | TUESDAY                                                                                         | WEDNESDAY                                                                                 | THURSDAY                                                                                            | FRIDAY                                                                                        |
|------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| MAIN EVENT.      | Homemade Beef<br>Lasagne Served with<br>Garlic & Herb Bread,<br>Seasonal Vegetables or<br>Mixed Salad       | Tandoori<br>Chicken Drumsticks<br>Served With 50/50 Rice<br>& Corn on the Cob                   | BBQ Pulled Pork,<br>Crispy Onions & Slaw<br>Topped Homemade<br>Wedges                     | Roast Gammon served<br>with Roast Potatoes,<br>Carrots, Broccoli,<br>Yorkshire Pudding and<br>Gravy | Buttered Fish Fillet<br>Served with Chips,<br>Garden Peas or Beans                            |
| MEAT FREE.       | Homemade Vegetarian<br>Lasagne Served with<br>Garlic & Herb Bread,<br>Seasonal Vegetables or<br>Mixed Salad | Tandoori<br>Vegetable & Quorn<br>Curry<br>Served With 50/50 Rice                                | BBQ Roasted<br>Vegetable, Crispy<br>Onions & Slaw<br>Topped Homemade<br>Wedges            | Quorn Fillet served<br>with Roast Potatoes,<br>Carrots, Cabbage,<br>Yorkshire Pudding and<br>Gravy  | Veggie Burger<br>served with Chips,<br>Garden Peas<br>or Baked Beans                          |
| JACKET POTATOES. | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                                  | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                      | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                          | Jacket Potato with a<br>selection of topping<br>Served with Fresh<br>Salad                    |
| PASTA STATION.   | A selection of<br>Pasta Sauces Available<br>Daily                                                           | A selection of<br>Pasta Sauces Available<br>Daily                                               | A selection of<br>Pasta Sauces Available<br>Daily                                         | A selection of<br>Pasta Sauces Available<br>Daily                                                   | A selection of<br>Pasta Sauces Available<br>Daily                                             |
| JUST DESSERTS.   | Choose One of Our<br>Fabulous Desserts<br>Chocolate Sponge<br>Fruit Yogurt<br>Fresh Fruit Pot               | Choose One of Our<br>Fabulous Desserts<br>Mixed Berry Sponge<br>Fruit Yogurt<br>Fresh Fruit Pot | Choose One of Our<br>Fabulous Desserts<br>Apple Sponge<br>Fruit Yogurt<br>Fresh Fruit Pot | Choose One Dessert<br>Fabulous Desserts<br>Banana Cake<br>Fruit Yogurt<br>Fresh Fruit Pot           | Choose One of Our<br>Fabulous Desserts<br>Chocolate Sponge<br>Fruit Yogurt<br>Fresh Fruit Pot |

## LUNCHTIME CQ<sup>®</sup> AT ALDE VALLEY ACADEMY

### THE HATCH WEEK 1 MENU

WEEKS: 1304, 0405, 0106, 2206, 1307, 3108, 21.09, 1210

|                 | MONDAY                                                                                               | TUESDAY                                                                                              | WEDNESDAY                                                                                            | THURSDAY                                                                                             | FRIDAY                                                                                                  |
|-----------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| STREET FEAST    | <b>STREETFEAST WRAP</b><br>Fajita Spiced<br>Chicken & Sweet<br>Potato Wedge<br>Wrap                  | <b>STREETFEAST BURGER</b><br>BBQ Chicken Burger<br>with a<br>Selection of Sauce                      | <b>STREETFEAST PIZZA</b><br>Selection of<br>Pizza Slices<br>of the Day                               | <b>STREETFEAST RICE</b><br>Beef Chilli<br>Rice Pot<br>or<br>Mixed bean Chilli<br>Rice Pot            | <b>STREETFEAST BUCKET</b><br>Loaded Bucket of<br>Chips with Delicious<br>Homemade Toppings<br>of Choice |
| HOT DELI.       | Margarita<br>Bagel<br>& Daily Specials                                                               | All Day Breakfast<br>Bagel<br>& Daily Specials                                                       | BBQ Pulled Pork<br>Roll<br>& Daily Specials                                                          | Hot Roasted Chicken &<br>Cheese Baguette<br>& Daily Specials                                         | Cheese & Tomato Pizza<br>Baguette<br>& Daily Special                                                    |
| PANINI PITSTOP. | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                    |
| JUST DESSERTS.  | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts    |

## LUNCHTIME CQ<sup>®</sup> AT ALDE VALLEY ACADEMY

### THE HATCH WEEK 2 MENU

WEEKS: 2004, 1105, 0606, 2606, 2607, 1008, 2609, 1910

|                 | MONDAY                                                                                               | TUESDAY                                                                                              | WEDNESDAY                                                                                            | THURSDAY                                                                                             | FRIDAY                                                                                                  |
|-----------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| STREET FEAST    | <b>STREETFEAST WRAP</b><br>BBQ Sausage &<br>Baked Bean<br>Wrap                                       | <b>STREETFEAST BURGER</b><br>Beef Burger Topped<br>with Crispy Onion<br>& a Selection<br>of Sauce    | <b>STREETFEAST PIZZA</b><br>Selection of<br>Pizza Slices<br>of the Day                               | <b>STREETFEAST RICE</b><br>Chicken Curry<br>Rice Pot<br>or<br>Vegetable Curry<br>Rice Pot            | <b>STREETFEAST BUCKET</b><br>Loaded Bucket of<br>Chips with Delicious<br>Homemade Toppings<br>of Choice |
| HOT DELI.       | Bacon & Cheese<br>Muffin<br>& Daily Specials                                                         | Sweet Chilli Chicken &<br>Cheese Bagel<br>& Daily Specials                                           | Marinated Meatball<br>Roll<br>& Daily Specials                                                       | Hot Sausages & BBQ<br>Baguette<br>& Daily Specials                                                   | Cheese & Tomato Pizza<br>Baguette<br>& Daily Specials                                                   |
| PANINI PITSTOP. | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                    |
| JUST DESSERTS.  | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts    |

## LUNCHTIME CQ<sup>®</sup> AT ALDE VALLEY ACADEMY

### THE HATCH WEEK 3 MENU

WEEKS: 2704, 1805, 1506, 0607, 1409, 510

|                 | MONDAY                                                                                               | TUESDAY                                                                                              | WEDNESDAY                                                                                            | THURSDAY                                                                                                     | FRIDAY                                                                                                  |
|-----------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| STREET FEAST    | <b>STREETFEAST WRAP</b><br>Crispy Breaded<br>Chicken & BBQ<br>Sauce Wrap                             | <b>STREETFEAST BURGER</b><br>Beef Burger<br>with Cheese &<br>Selection of Sauces                     | <b>STREETFEAST PIZZA</b><br>Selection of<br>Pizza Slices<br>of the Day                               | <b>STREETFEAST RICE</b><br>Chicken & Chorizo<br>Jambalaya<br>or<br>Roasted Red Pepper &<br>Chicken Jambalaya | <b>STREETFEAST BUCKET</b><br>Loaded Bucket of<br>Chips with Delicious<br>Homemade Toppings<br>of Choice |
| HOT DELI.       | Chicken & Sweetcorn<br>Pizza Baguette<br>& Daily Special                                             | Ham & Cheese<br>Bagel<br>& Daily Special                                                             | Chicken Italiano<br>Roll<br>& Daily Special                                                          | Hot Roasted Gammon<br>& Cheese Baguette<br>& Daily Special                                                   | Cheese & Tomato Pizza<br>Baguette<br>& Daily Special                                                    |
| PANINI PITSTOP. | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                 | Selection of Hot Filled<br>Panini<br>Available Daily                                                         | Selection of Hot Filled<br>Panini<br>Available Daily                                                    |
| JUST DESSERTS.  | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts         | Homemade Cookies and<br>Cakes Yogurt with Fruit<br>Coulis Fresh Fruit Pots<br>and Delicious Desserts    |

## LUNCHTIME CQ<sup>®</sup> AT ALDE VALLEY ACADEMY

### MORNING BREAK

|                | MONDAY                                                                                   | TUESDAY                                                                                  | WEDNESDAY                                                                                | THURSDAY                                                                                 | FRIDAY                                                                                   |
|----------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| MORNING BREAK. | Homemade<br>Roasted Tomato<br>Soup Cup                                                   | Chinese Chicken<br>Noodle Cup<br>Or<br>Chinese Vegetable<br>Noodle Cup                   | Homemade<br>Leek & Potato<br>Soup Cup                                                    | Mini Meatball<br>Pasta Cup<br>Or<br>Vegan Meatball<br>Pasta Cup                          | Homemade<br>Minestrone<br>Soup Cup                                                       |
| MORNING BREAK. | Pepperoni Whole meal<br>Pizza Slice<br>Or<br>Margarita Whole meal<br>Pizza Slice         | Cheese & Ham<br>Bagel<br>Or<br>Cheese & Tomato<br>Bagel                                  | Bacon and cheese<br>Baked Potato skin<br>Or<br>Red Onion and cheese<br>Baked Potato skin | Sweet chilli chicken<br>Topped Nachos<br>Or<br>BBQ Sauce & Cheese<br>Topped Nachos       | Bacon Baguette<br>Or<br>Vegan Quorn Sausage<br>Baguette                                  |
| THE DELI.      | Selection of Delicious<br>Filled Breads,<br>Healthy Salads, Poke<br>Bowls and Pasta Pots | Selection of Delicious<br>Filled Breads,<br>Healthy Salads, Poke<br>Bowls and Pasta Pots | Selection of Delicious<br>Filled Breads,<br>Healthy Salads, Poke<br>Bowls and Pasta Pots | Selection of Delicious<br>Filled Breads,<br>Healthy Salads, Poke<br>Bowls and Pasta Pots | Selection of Delicious<br>Filled Breads,<br>Healthy Salads, Poke<br>Bowls and Pasta Pots |

Freshly Prepared Hot to Go Items Available Every Day

# PHOTOGRAPHY COMPETITION



Can you capture an amazing image of Spring? If so, send the image to us and you might be lucky enough to feature in our photobook, a copy of which will be given to each school for you to read!



- Submit your photos by 24th April 2026
- Winners announced during May 2026
- Entries accepted from any student, member of staff or volunteer of Kingfisher Schools Trust

Send entries to:  
[enquiries@aldevalley.suffolk.sch.uk](mailto:enquiries@aldevalley.suffolk.sch.uk)

# FUNDED\* YOUTH SPORTS PROJECT

catch  
**22**

Suffolk  
**POSITIVE  
FUTURES**  
Supported by Suffolk's Police & Crime Commissioner



## LEISTON LEISURE CENTRE

RED HOUSE LANE, LEISTON IP16 4LS

**11 TO 15 YEAR OLDS**

SPLIT AGE GROUPS

**10:00 TO 14:00**



**WEDNESDAY  
1<sup>ST</sup> & 8<sup>TH</sup> APRIL**

FULL HEALTHY LUNCH INCLUDED



**REGISTER NOW**



COME AND PLAY FOOTBALL,  
DODGEBALL, BASKETBALL &  
MORE IN THE EASTER  
HOLIDAYS. INDOORS AT  
LEISTON LEISURE CENTRE,  
WITH SKILL GAMES AND  
PLENTY OF MATCHES

Suffolk  
**Holiday  
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**\*FREE SCHOOL MEAL CRITERIA APPLIES**

