



Alde Valley Academy

Aspire and Achieve. Lead with Kindness. Stronger Together.

NEWSLETTER - 8TH JUNE 2026

YEAR 10 WORK EXPERIENCE SUCCESS

The week before half-term, our Year 10 students took part in their work experience placements, gaining valuable insight into the world of work and developing important skills for their future careers.

We have been delighted by the feedback received from employers across a wide range of industries. Time and again, our students were praised for their maturity, confidence, professionalism and willingness to get involved. They were excellent ambassadors for the school and should be incredibly proud of the impression they made.

Here are just a few comments from employers:

"I just wanted to get in touch and say how wonderful Jessica is! She has really got stuck in and shown such a keen interest in the areas of accountancy shown."

"Finley came across confident and mature for his age and conducted himself professionally throughout. I have had really positive feedback from my colleague Ollie who Finley was working alongside. I personally have worked with several young students over the years and Finley, without doubt, has been the best I have come across."

"Charlie took his own initiative at dog school, setting up equipment and sorting treats and water bowls without being asked. He has been an amazing asset to our team!"

"Nancy engaged well with the staff and asked questions when needed. It was refreshing to have a work experience student who was confident enough to speak, smile and engage with the team."

"Just wanted to say what a pleasure it was to have Jacob and Basil this week. Both were amazing and helped me out so much!"

These comments reflect the dedication, enthusiasm and character shown by so many of our students throughout the week. We are extremely proud of the way they embraced new challenges, represented the school and demonstrated the skills that will serve them well in the future.

A huge thank you also goes to the employers who generously supported our students and provided such valuable opportunities. Their willingness to invest time and expertise in developing young people is greatly appreciated.

Well done, Year 10!

YR11 LEAVERS DAY

Today our Year 11 students enjoyed a memorable Leavers' Day as they celebrated the end of their time at the school. The day began with an English GCSE exam before students came together for shirt signing, a leavers' assembly and a BBQ.

The day provided an opportunity to reflect on their achievements, share memories and celebrate the friendships made along the way. We are incredibly proud of this year group and wish them every success as they continue with their remaining exams and prepare for the next stage of their education.



LEISTON'S GREAT BIG GREEN WEEK

Starting this Saturday 6 June, Leiston-cum-Sizewell is hosting its own "Great Big Green Week". Great Big Green Week is the UK's biggest celebration of community action to tackle climate change and protect nature. Leiston will host a series of fun activities across the week for you to engage with, including:

- The Big Green Trail – explore some of Leiston's existing nature spaces. If you visit them all, you can collect a prize from Leiston Town Council.
- A repair Café at the Longshop Museum- 11am-1.30pm, 6 June – Bring along a broken item, such as small household appliances and toys, to our repair event and get them fixed for free!
- Pedal to Zero Day at the Waterloo Centre – 10-3pm, 8 June – book a free maintenance slot for you bike (details on the website) or join our free maintenance session
- Foster a Forest Launch at the Community Orchard at King George's Avenue Recreation Ground – 2-4pm, 11 June – come and enjoy a walk around the community orchard and pick up a free sapling which you can look after before we come together to plant in the community in the autumn/winter
- Free Screening of "Power Station" at Leiston Film Theatre – 6-8.15pm, 11 June – come and watch the award winning "Power Station" film which shows how a community can get involved with solar powered generation. The screening will be followed by a panel discussion.

Collect your event guide from The Long Shop Museum, Project 47, Leiston Library, Sizewell C Information Office, Town Council Offices, Leiston Film Theatre and Alde Valley Academy.

<https://www.netzeroleiston.info/leistons-great-big-green-week/>

YEAR 10 PARENTS EVENING

We are delighted to invite you to our Year 10 Parents' Evening. This is a fantastic opportunity to discuss their mock exams and identify key areas for growth heading into Year 11.

To ensure the evening runs smoothly, we will be using our online booking system to manage appointments. Please find the essential details below:

Date: Tuesday 14th July

(please note this is a later date than the school calendar previously stated).

Time: 16:00 – 19:30

Bookings Open: Monday, 29th June at 16:00

<https://aldevalley.schoolcloud.co.uk/>



MATILDA JR

THE MUSICAL
CHANGE YOUR STORY

LEISTON CINEMA

TICKETS: £7.50

THURSDAY 2ND JULY

6:30PM - 8PM

FRIDAY 3RD JULY

3:45PM - 5:15PM

6:30PM - 8PM

TICKETS CAN BE PURCHASED FROM THE BOX OFFICE AT LEISTON CINEMA
OR ONLINE/OVER THE PHONE (WITH A £1 BOOKING FEE)

A RSC MATILDA THE MUSICAL SCHOOL'S PRODUCTION
MATILDA THE MUSICAL
AN ABRIDGED VERSION OF THE ROALD DAHL'S MATILDA THE MUSICAL
BOOK BY DENNIS KELLY, MUSIC AND LYRICS BY TIM MINCHIN
ADAPTED FOR SCHOOLS BY NIK ASHTON



SAFEGUARDING UPDATE

Water Safety

Following the recent, heart-breaking news of over 17 accidental drownings across the UK during the recent May heatwave, many tragically involving children and teenagers, we want to urge all parents and carers to talk to their children about water safety. It is vital that our young people understand that open water behaves very differently from a swimming pool. (<https://www.bbc.co.uk/news/articles/cn0p7j3lwepo>)

Cold Water Shock

Even when air temperatures are record-breaking hot, inland waters like rivers, lakes, and reservoirs remain dangerously cold, often between 10°C and 12°C. Entering this water suddenly triggers Cold Water Shock, an involuntary physiological reaction that causes immediate gasping, hyperventilation, and sudden muscle failure even in strong, confident swimmers.

The Water Safety Code

The Royal Life Saving Society UK (RLSS UK) urges everyone to learn and practice four simple steps:

- **Stop and Think:** Look for danger, warning signs, and hidden hazards such as reeds, strong currents, or sudden drops before getting near the water.
- **Stay Together:** Children and teenagers should never swim alone. Always stay in groups, and ideally only swim where a lifeguard is present.
- **Float:** If you fall in unexpectedly, or find yourself in trouble, resist the urge to thrash around. Float on your back.
- **Call:** If someone else is in trouble, call 999 immediately. Ask for the Coastguard if you are at the beach, or the Fire and Rescue Service if you are inland. Never jump in to rescue someone or a pet yourself.

Float to Live

The RNLI advises everyone to memorize the Float to Live technique if they experience difficulties or cold water shock:

1. Tilt your head back with your ears submerged in the water.
2. Relax and try to breathe normally.
3. Move your hands and feet gently to help you stay afloat if you need to.
4. Do not panic if your legs sink; everyone floats differently.
5. Rest and recover your breathing before calling for help or swimming to safety.

Thank you for partnering with us to keep our children safe, informed, and prepared this summer. For more resources, you can visit the official RLSS and RNLI website at the links below:

RLSS: <https://www.rlss.org.uk/Listing/Category/summer-water-safety>

RNLI: <https://rnli.org/safety>

PE NEWS

Unfortunately, the weather has had a significant impact on sporting fixtures this week, with several events affected by persistent rain.

Year 8 Rounders

Despite the challenging conditions, the Year 8 Rounders Team competed admirably in their tournament. The team narrowly lost 6.5–4.5 to Bungay, 6.5–4 to Debenham, and drew 4–4 with Hartismere. However, Hartismere were awarded the victory on the number of players out. Well done to all involved for their resilience and determination in difficult weather conditions.



Primary Netball Tournament

On Wednesday afternoon, we welcomed local primary schools for a fantastic netball tournament. Congratulations to Snape Primary School, who were crowned tournament champions after an excellent afternoon of competition.

A special thank you goes to our Sports Leaders, Tilly, Ruby and Isla, whose support and organisation helped make the event such a success.

Upcoming Fixtures

- Monday 8 June – Alde Valley Relays 1:45pm – 4:30pm
- Tuesday 9 June – U15 Boys' Cricket Tournament at Hartismere. Return to school: 7:00pm
- Wednesday 10 June – Orienteering Finals at Haughley Park. Depart: 11:00am | Return: 5:00pm
- Thursday 11 June – Year 7 & 8 Super 8's Athletics at Thomas Mills. Return to school: 6:30pm

3G Pitch Update

We are delighted to report that we are very close to opening our new 3G pitch for student use. Please take a moment to review the guidance regarding approved footwear for the surface. Students will be informed when football boots are required for lessons, and a message will also be sent home to parents with further details. Watch this space for more sporting news and fixture updates in the coming weeks!

FOOTWEAR ON OUR 3G PITCH

To keep our pitch safe and in the best condition,
ONLY studded boots are allowed.



WHAT'S ALLOWED

ONLY STUDED BOOTS

These are the only boots allowed on the 3G pitch.

METAL STUDS



MOULDED STUDS



ONLY these boots help protect our pitch.
Thank you!



WHAT'S NOT ALLOWED



TRAINERS



ASTRO TURF SHOES



FLAT SOLED SHOES



INDOOR FOOTBALL SHOES



BLADES



BOOTS WITH A RAISED HEEL OR TOE



CASUAL SHOES



THE RIGHT FOOTWEAR PROTECTS OUR PITCH



PROTECT THE PITCH



KEEP EVERYONE SAFE



ENJOY THE GAME

